

MASSAGE THERAPY* PROGRAM OUTLINE

Total Clock Hours: 500
Quarter Credit Hours: 37

Length: 35 Weeks Day
35 Weeks Evening

Objective: The Massage Therapy Program is designed to provide the students with clinical and administrative skills needed to become a professional Massage Therapist as well as apply for the Massage Therapy Examination required for licensure as a massage therapist under the Texas Occupations Code, Chapter 455*. Students learn massage based on Swedish theory and techniques. Throughout the program, the students will build on the Swedish massage foundation and learn various bodywork modalities. The students are taught a detailed understanding of the human body that allows them to communicate with other healthcare professionals and develop complete treatment programs for their clients. Graduates of the program are prepared for employment in private practice or positions with spas, salons, chiropractors, medical doctors, physical therapists, sports medicine, and wellness centers. This program meets the standards set by the Texas Department of Licensing and Regulation for licensing as a Massage Therapist.

Subject Number	Lecture	Lab	Internship	Academic Quarter Credit Hours
AP – 101 Anatomy & Physiology	75	0	0	7.5
MT – 102 Massage Therapy Techniques I	15	35	0	3.0
MT – 103R Health and Hygiene	10	10	0	1.5
MT – 106R Hydrotherapy/Therapeutic Modalities	10	10	0	1.5
KN – 107R Kinesiology	40	10	0	4.5
MT – 116R Pathology	40	0	0	4.0
MT – 117R Business Practices & Professional Ethics	45	0	0	4.5
MT – 118 Trigger Point Therapy	10	15	0	1.5
MT – 119 Deep Tissue Massage	5	20	0	1.5
MT – 120 Clinical and Energy Based Massage	10	15	0	1.5
MT – 122 Massage Therapy Techniques II	15	60	0	4.5
MT – 600R Internship	0	0	50	1.5
TOTAL CLOCK HOURS 500	275	175	50	37

Calculated quarter credit hours are rounded down to the nearest .5 quarter credit.

*This program is approved by the Texas Department of Licensing and Regulation (TDLR) as Texas Workforce Commission (TWC), Career Schools and Colleges, does not regulate Massage Therapy Programs.