

# TEXAS HEALTH SCHOOL -(713)932-9333

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Quarter Credit Hours: 5.0

Total Hours: 100

Length: 4 Weeks Day

6.25 Weeks Evening

12 Weeks Saturday

**Objective:** The Nurse Aide program is designed to provide the students with the skills and abilities essential to the provision of basic care to homebound patients and residents in hospitals and long-term care facilities. Graduates of this program will be able to communicate and interact effectively with patients. They will assist patients in attaining and maintaining maximum functional independence while observing patient rights. They will learn how to take vital signs, apply basic nutrition in meal planning, and follow infection control measures. Additionally, they will be able to apply proper body mechanics in bed making, lifting, and turning patients. Students who successfully complete all the minimum and specific requirements as required by the Texas Department of Aging and Disability Services and the Texas Nurse Aide Registry will receive a certificate for Nurse Aide and are eligible to register for the Nurse Aide Competency Evaluation for certification administered by the state. Graduates may find entry-level employment as a nurse aide with hospitals, nursing homes, assisted living facilities, home health agencies, state schools, and institutions.

## NURSE AIDE PROGRAM OUTLINE

Subject Number		Lecture	Lab	Hours Extern	Academic Quarter Credits
NA-101	Introduction to Long Term Care	15	01	00	1.5
NA-107	Personal Care & Basic Nursing Skills	10	20	00	2.0
NA-109	Restorative, Mental Health, Social Services, & Social Skills	05	09	00	0.5
NA-106	Clinical Practice	00	00	40	1.0
<b>Total Clock Hours 100</b>		<b>30</b>	<b>30</b>	<b>40</b>	<b>5.0</b>

NURSE AIDE